HOW TO GET THERE: SEMINAR LOCATIONS

CABELA’S
100 Cabela Drive
Hamburg, PA 19526
610-929-7000

TOP OF THE 80’S
3 Top of the 80’s Road West
Hazleton, PA 18202
570-454-8795

CABELA’S - HAMBURG
FROM READING: PA-61 N. Continue to follow PA-61 N. approx. 17 miles. Turn Left onto Cabela Drive.
FROM POTTSVILLE: PA-61 S. Continue to follow PA-61 S. Turn Right onto Cabela Drive.

TOP OF THE 80’S - HAZLETON
Top of the 80’s is located behind The Hampton Inn on Rt. 93 in Hazleton.

FROM READING: US-222 BR. Turn Right onto N. 5th S./US-222 BR. Turn slight Left onto Centre Ave./PA-61 N. Continue to follow PA-61 N. for approx. 40 miles. Travel 27 miles, then merge onto I-81 N toward Hazleton. Merge onto I-80 W via Exit 151B toward Bloomsburg. Merge onto I-81 S via EXIT 260A toward Harrisburg. After approx. 5 miles, arrive at Top of the 80’s.
FROM POTTSVILLE: PA-61 N. Travel approx. 7 miles, merge onto I-81 N toward Hazleton. After 27 miles, merge onto I-80 W via Exit 151B toward Bloomsburg. Merge onto I-81 S via Exit 260A toward Harrisburg. After approx. 5 miles, arrive at Top of the 80’s.
EMPLEE MANUALS
Thursday, February 7, 2008 • 2:00-3:00 pm
Learn the importance of what needs to be in your employee manual and why. Reduce your exposure to potential law suits and non-compliance with Federal Law. Find out if State Law or Federal Law takes precedence.
SPEAKERS: Ann Marie Blashock, PHR, CWCA and Jenna Davis, MS, CWCA

COBRA – ARE YOU COMPLYING WITH THE LAW?
Thursday, March 6, 2008 • 2:00-3:00 pm
When does COBRA come into play in regard to injured employees? Do injured workers have the right to continue to receive employer provided health care coverage? Is this addressed in the health carrier’s handbook?
SPEAKERS: Ann Marie Blashock, PHR, CWCA and Jenna Davis, MS, CWCA

1) CONSUMER DRIVEN HEALTHCARE
2) WORKERS COMPENSATION & HEALTHCARE RELATIONSHIP

Thursday, March 20, 2008 • 9:00 am-12 noon • Cabela’s - Hamburg
Chartered Benefit Consultant will discuss the past, current and future trends of healthcare in Pennsylvania and what can be done to help manage these costs. Certified Workers Compensation Advisors will show how Workers Compensation and Health Insurance go hand in hand when it comes to controlling expenses.
SPEAKERS: Kym Porter, CBC, CWCA; Robert W. Seltzer, CIC, CWCA; Steven A. Stramara, CIC, CWCA

MANAGING PA WORKERS COMPENSATION CLAIMS
Thursday, April 10, 2008 • 2:00-3:00 pm
Workers Compensation is more than just a policy, it’s a program that needs to be managed. Both the employer and the employee have options and responsibilities when an injury occurs. Learn how to make the program work for you instead of against you.
SPEAKER: Stacey Cheese, CWCA, CISR

1) DISCRIMINATION LAW AND THE I-9 FORM
2) EPLI, FIDUCIARY LIABILITY AND DIRECTORS & OFFICERS

Thursday, April 24, 2008 • 9:00am-12 noon • Top of the 80’s - Hazleton
In today’s world, fines and penalties are strictly enforced upon employers who are not following proper procedures in an employee’s legal right to work. With fiduciary responsibility for your organization, become aware of the corporate and civil risks and how to protect you and your company.
SPEAKERS: Atty. Rick Thornburg – Marshall, Lipkin, Bohorad and Thornburg; and Jenna Davis, MS, CWCA

OSHA COMPLIANCE
Thursday, May 8, 2008 • 2:00-3:00 pm
This webinar will discuss the key Federal OSHA requirements for safety & health training programs.
SPEAKERS: Richard Auker, Senior Safety Consultant and Brian Crebs, Safety Consultant, East Coast Risk Management

1) REDUCING WORKERS COMPENSATION OVERCHARGES
2) FMLA & COBRA COMPLIANCE

Thursday, May 22, 2008 • 9:00 am-12 noon • Top of the 80’s - Hazleton
Certified Workers Compensation Advisors share with you their process for reducing your costs. Cover everything from the initial hiring process through the closing of a claim. Also learn how FMLA & COBRA work together and when they become a factor in regard to workers compensation injury loss work time.
SPEAKERS: Robert W. Seltzer, CIC, CWCA; Steven A. Stramara, CIC, CWCA; Jenna Davis, MS, CWCA; Ann Marie Blashock, PHR, CWCA

WELLNESS & EMPLOYEE IMPROVEMENT PROGRAMS*
Thursday, June 5, 2008 • 2:00-3:00 pm
Targeted health improvement programs help workers enjoy better health and quality of life, while at the same time employers get the benefit of more productive employees and improved financial results. Find out what programs are available and the expected results.
SPEAKER: Cathy Saporito, Wellness Coaches, USA

DISASTER RECOVERY
Thursday, July 10, 2008 • 2:00-3:00 pm
In the event of a catastrophe, what systems do you need to have in place to help with the back up and retrieval of records? Should your building become completely destroyed, do you know every single item that would need to be replaced? Do you have an inventory?
SPEAKER: Ted Lavender from Berks Fire Water Restorations

HEAT & HYDRATION – PERILS OF SUMMER
Thursday, August 7, 2008 • 2:00-3:00 pm
When is it really too hot to work? How much fluid should be consumed per hour to avoid dehydration? What potential health risks are associated with heat and lack of fluids? The health experts at Wellness Coaches, USA share information on this and more.
SPEAKER: Steve Chevarria from Wellness Coaches, USA

FMLA TRAINING
Thursday, September 11, 2008 • 2:00-3:00 pm
Untangle the web of the Family Medical Leave Act. Learn when you should offer it, if you should offer it, and what other “leaves” you can coordinate with it. Also learn how it affects your group benefit plans.
SPEAKERS: Ann Marie Blashock, PHR, CWCA and Jenna Davis, MS, CWCA

1) CONSUMER DRIVEN HEALTHCARE: F.S.A., H.S.A., R.H.A.
2) HEALTHY LIVING’S EFFECT ON THE HEALTHCARE MARKET

Thursday, September 25, 2008 • 9:00 am-12 noon • Cabela’s - Hamburg
Rising health insurance costs is a major issue facing businesses today. Learn about the plan designs available that provide cost-effective, quality employee benefits to your employees. Also learn how heath improvement programs are affecting the market and your bottom line.
SPEAKERS: Kym Porter, CBC, CWCA; Bruce Krammes, CIC, CWCA; Cathy Saporito, Wellness Coaches, USA

* CALL FOR INFORMATION ON OUR 2008 HEALTH TRACK WELLNESS SEMINARS.

LIABILITY OF HIRING PRACTICE
Thursday, October 9, 2008 • 2:00-3:00 pm
With so many talented individuals available for hire, employers should be aware of the consequences of not developing hiring practices that can be used for all applicants.
SPEAKERS: Atty. Rick Thornburg – Marshall, Lipkin, Bohorad & Thornburg; Jenna Davis, MS, CWCA and Ann Marie Blashock, PHR, CWCA

HR WITH HOLIDAY PARTIES
Thursday, November 6, 2008 • 2:00-3:00 pm
Holiday parties are all about “FUN” – right? Of course they are, but plan ahead to avoid liabilities and potential disasters. Furthermore, holiday events are not just an opportunity to bring employees together for a good time, they can also be a great opportunity to promote employee development and recognition. Join us for tips on setting much needed ground rules and having an employee focused party!
SPEAKER: Ann Marie Blashock, PHR, CWCA

1) OSHA COMPLIANCE
2) MANAGING WORKERS COMPENSATION CLAIMS

Thursday, November 20, 2008 • 9:00 am-12 noon • Cabela’s - Hamburg
This seminar will discuss the key Federal OSHA requirements for safety & health training programs, etc. In addition, employers will learn what options and responsibilities they have in regard to employee injuries.
SPEAKERS: Mike Lukart, President of East Coast Risk Management and Stacey Cheese, CWCA, CISR, Keystone CompControl

SAFETY COMMITTEES
Thursday, December 4, 2008 • 2:00-3:00 pm
Learn how to set up and implement a safety committee. Pennsylvania State Certification requirements will also be discussed.
SPEAKERS: Rich Auker, Senior Safety Consultant and Brian Crebs, Safety Consultant, East Coast Risk Management

To register for any of our free seminars/webinars, call 888-366-1000 x123 or email jtahaney@seltzergrp.com

*Speaker subject to change without prior notification.